



Seminole County Parks
and Recreation Department
with



Florida Youth Programs present Youth Cheerleading Classes

REGISTRATION - Wednesday
5pm to 7pm

All Star Cheerleading Info:

Our curriculum is designed to introduce basic cheer techniques including confident posture, rhythm, and new steps in each session. We provide a recreational program for those interested in teamwork, physical fitness, and the development of good sportsmanship through the fun and excitement of cheerleading.

**Only
\$5 Per
Class**

\$10 Non-Refundable Registration Fee
Comfortable Clothes Required
Classes Will Be Separated Into Age Groups
Uniform Suggested - Not Required
Stunts and acrobatics will not be permitted in the beginner level classes



For more information visit:

www.FloridaYouthPrograms.com

WHERE

Sylvan Lake Park
845 LAKE MARKHAM
ROAD
SANFORD

407.439.KIDS
(407.439.5437)

WHEN

Wednesdays
5:00 - 5:50
6:00 - 6:50

COST

\$5 Per Week
Pay As You Go
NO Personal Checks
No Long Term
Commitments

CHEERING

Assertiveness
Self Discipline
Physical Fitness
Self Confidence
Respect
Goal Setting

